



Forest Island Restaurant

Pōsōh (poe-so)
(Hello)

Lunch

SERVED 11:00 AM - 8:00 PM

Dinner

SERVED 4:00 PM - 8:00 PM

Island of Timber

The Menominee Forest has been described as an island of timber in an ocean of clear land. The Menominee have inhabited North Eastern Wisconsin and part of Michigan's Upper Peninsula for thousands of years. The ancestral tribal lands encompassed over 15 million acres. The current Menominee Reservation boundaries, containing 235,000 acres were established in 1854 following several treaties and land cessions.

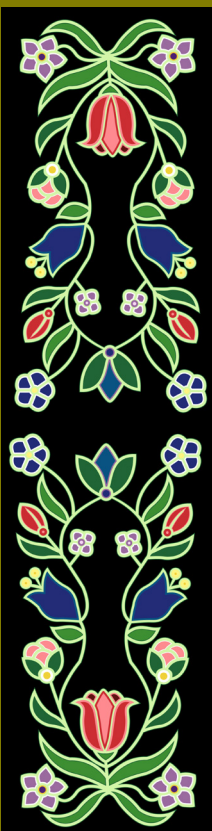
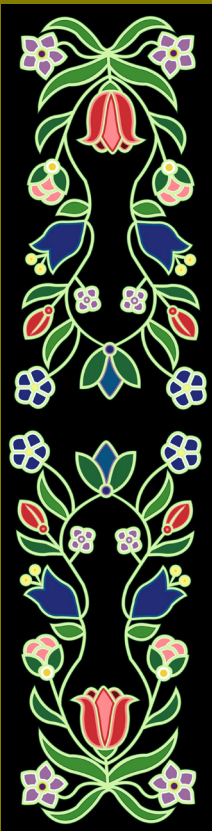
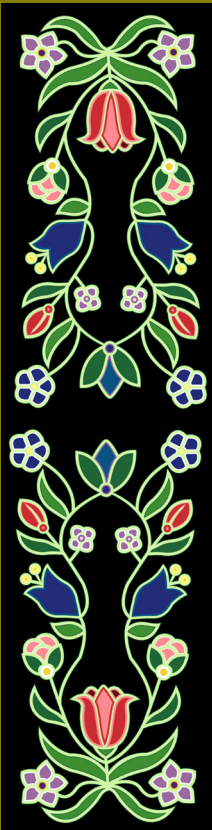
The Menominee forest is one of the oldest managed large forest tracts in the United States. In the last 150 years the forest contains more volume than when it started in 1854. It has harvested 2.5 billion board feet. In other words, they have cut the forest 2.5 times in volume

in the last 150 years and still have more volume than when they started with large trees still remaining.

The story of how this quarter million acre remnant of once vast forest biome persists is of culture, wisdom, and commitment to a place with vigilance and restraint being applied.

"Start with the rising sun, and work toward the setting sun, but take only the mature trees, the sick trees and the trees that have fallen. When you reach the end of the reservation, turn and cut from the setting sun to the rising sun and the trees will last forever."

- CHIEF OSHKOSH



APPETIZERS

Chicken Quesadilla 10

A golden brown crispy tortilla grilled with fresh chicken on top of a monterey jack and cheddar cheese blend, seasoned with cajun seasoning and served with crisp shredded lettuce, pico de gallo, sour cream and salsa

Cheese Quesadilla 8

A golden brown crispy tortilla grilled with a monterey jack and cheddar cheese blend, seasoned with cajun seasoning and served with crisp shredded lettuce, pico de gallo, sour cream and salsa

Chicken Tenders 9

Breaded chicken tenders (6) deep fried until golden brown and served with ranch, BBQ or honey mustard sauce

Homestyle Chips & Dip 7

Deep fried to golden brown and crispy, seasoned with our house seasoning and served with our homemade french onion dip

Seasoned Pulled Pork Nachos 12

Flavorful tender smoked pulled BBQ pork on top of crisp tortilla chips covered with melted nacho cheese and topped with shredded crisp lettuce, diced tomatoes, black olives, green onion and drizzled with fresh sour cream and topped with pico de gallo and fresh cilantro. Served with salsa and fresh limes



SALADS

Chef Salad 12

Fresh iceberg and spring mix lettuce mixed and topped with ham, turkey, cheddar cheese, tomatoes, red onion, broccoli, cucumber, boiled egg and croutons with your choice of french, ranch or thousand island dressing

Taco Salad 10

A flour tortilla deep fried into a bowl filled with crisp iceberg lettuce and topped with hot seasoned taco beef, cheddar and monterey jack cheese, tomatoes, black olives and red onion. Served with salsa and sour cream

SANDWICHES

All sandwiches/wraps are served with lettuce, pickles, choice of french fries, seasoned homestyle potato chips, soup of the day (cup) or a side salad.

BLT Sandwich or Wrap 8

Bacon, crisp lettuce and fresh tomato on your choice of toast or wrapped in a flour tortilla

Memphis Style Smoked BBQ Pulled Pork Sandwich 12

This tender, seasoned smoked pulled pork is piled high on a fresh kaiser roll and topped off with crisp bacon and a jumbo beer battered onion ring with a side of homemade coleslaw and BBQ sauce

Forest Club Sandwich or Wrap 12

This three layered sandwich or wrap has layers of turkey, ham, bacon, lettuce, mayo and your choice of american, cheddar, swiss or pepperjack cheese on sourdough toast or wrapped in a flour tortilla

Crispy Chicken Club Sandwich or Wrap 10

A breaded chicken breast deep fried and served on a kaiser roll with bacon, lettuce, tomato and your choice of cheddar, american, swiss or pepperjack cheese

Chicken Salad Sandwich or Wrap 9

Fresh chicken salad sandwich on a flaky croissant with lettuce or wrapped in a flour tortilla and your choice of potato

A LA CARTE

Side Salad	3.50
Seasonal Vegetable	2.25
Sliced Cheese (each).....	1.25
Dinner Roll95
Bacon Slices (2).....	2.25
French Fries	3.75
Mashed Potatoes (with Beef or Chicken Gravy)	2.25
Baked Potato (salt encrusted).....	3.50
7 oz. Angus Beef Patty	4.00
Sauteed Mushrooms.....	1.25
Sauteed Onions.....	.75

BURGERS

All burgers are served with lettuce, pickles, choice of french fries, seasoned homestyle potato chips, soup of the day (cup) or a side salad.

Casino Burger 12

A 7 oz. angus beef patty cooked to your liking, crisp bacon, raw or fried onions with your choice of american, cheddar, provolone, swiss or pepperjack cheese on a kaiser roll



Add 7 oz. angus beef patty with cheese 4

Patty Melt 11

A 7 oz. angus beef patty topped with sauteed onions on grilled marble rye with thousand island dressing and swiss cheese

Bacon, Mushroom & Swiss Burger 12

A 7 oz. angus beef patty with crisp bacon, fresh sauteed mushrooms on top of melted swiss cheese, served on a kaiser roll

EVENING BREAKFAST

Breakfast items are served with choice of real american fries or hashbrowns and toast.

Biscuits & Gravy not included.

Ham & Cheese Omelet 10

Fresh diced ham and cheddar cheese

Have It Your Way 12

Two large fresh eggs cooked your way... with a choice of sausage links, sausage patties, bacon, ham, corned beef hash or kielbasa sausage and toast

Biscuits N "Homemade" Sausage Gravy

Two large fresh biscuits generously smothered in our very own "homemade" sausage gravy with fresh fruit garnish

Full Order (2 biscuits) 8

Half Order (1 biscuit) 4



A LA CARTE

Single Egg (your way).....	1.50
Hashbrowns.....	2.75
"Real" American Fries.....	2.75
Diced Onions.....	.75
Add Cheddar Cheese to Potatoes or Eggs.....	1.25



SOUPS

Homemade Chili

Bowl.....5

Cup.....3

Soup of the Day

Bowl.....5

Cup.....3

Cream of Chicken with Wild Rice

Bowl.....6

Cup.....4

SENIOR MENU

AVAILABLE TO OUR GUESTS 50+

All senior meals are served with a side of applesauce, and your choice of french fries, seasoned homemade potato chips or mashed potatoes, side salad or a cup of hot soup.

Half a Sandwich 7

A half sandwich, ham or turkey, lettuce, tomato, choice of cheese, all on your choice of bread with mayonnaise and served with your choice of side

Chicken Salad Croissant 9

A fresh creamy chicken salad on a flaky croissant with lettuce and served with your choice of side

Grilled Cheese Sandwich 6

American and cheddar cheese on Texas toast, grilled until golden brown and cheese is melted and served with your choice of side

Grilled Ham & Cheese Sandwich 8

Ham with american and cheddar cheese on Texas toast, grilled until golden brown and cheese is melted and served with your choice of side

DINNERS

SERVED 4:00 PM - 8:00 PM

All entrées are served with a seasoned vegetable, side salad, dinner roll and your choice of mashed potatoes, salt encrusted baked potato, french fries, or a cup of the "Soup of the Day".
Pasta items do not include dinner side items.

Liver & Onions with Bacon 13

Lightly breaded beef liver grilled to your liking and smothered in sauteed onions and crisp bacon slices

BBQ Baby Back Pork Ribs

Half Rack 18
Full Rack 24



Wild Rice Meatloaf 14

Seasoned ground beef mixed with wild rice and sage, baked to perfection, served with your choice of potato and a wild mushroom beef gravy

Apple Glazed Grilled Pork Loin 13

Grilled pork loin with apple glaze topped with grilled apple slices, choice of white rice or mashed potatoes and vegetable



PASTA

Fettuccini Alfredo 12

Fettuccini noodles tossed in a creamy alfredo sauce and topped with fresh parmesan cheese and served with garlic bread

Add a 6 oz. grilled chicken breast (with vegetables) 16

Add five sautéed shrimp to the mix (with vegetables) 22



STEAKS

12 oz. Ribeye 25

This charbroiled ribeye is cooked to your liking, topped off with herb butter and onion tangles and served with all the fixings of your choice

Add Sauteed Mushrooms 1.25

Add Sauteed Onions .75

SEAFOOD

Deep Fried Breaded Shrimp 14

Seven breaded shrimp deep fried to golden brown with your choice of potato and all the fixings. Served with cocktail sauce and a lemon wedge

BEVERAGES

Soda (We Serve Coca-Cola Products)	1.75
Coffee	1.25
Milk	2.50
Short	1.50
Tall	2.50
Specialty Teas (green, chamomile & black)	1.50
Hot Chocolate	1.75
Orange Juice	
Short	1.75
Tall	2.75

DESSERTS

Cheesecake 8

This silky plain cheesecake with a graham cracker crust is served with your choice of strawberry or cherry compote and fresh whipped cream

Apple Pie 6

Apple pie with a flaky crust is topped with whipped cream and drizzled with caramel

